Review Article

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Countering COVID-19, dengue and their mutants, using evolved homeopathy

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ABSTRACT

Experts anticipate that the world will be fighting COVID-19 virus for many years next. This implies that Teens, allergic and non-vaccinated people (those who are not getting adequate supply of Primary Vaccines/ Boosters) need to learn to "Live with COVID", utilizing either of the two preventive methodologies presented here: one, principally based on vaccinations developed by Allopathy (conventional-medicine) and the other on Evolved-homeopathy. The preventive methodology of Evolved-homeopathy for Flu (which was developed about two decades before COVID-19 virus was born), and Allopathic vaccinations for COVID utilize the first fundamental-principle of cure ("Prevention is better than cure"). The second fundamental-principle of cure ("Nipping in the bud") takes care, so that no organdegeneration takes place. Those who take 100% effective Evolved-homeopathy preventive medicines for COVID, Dengue and their mutants, have been found to rarely require Evolved-homeopathy treatment medicines (except after missing the preventive medicine for several days), which is useful to prevent organ-degeneration and leads to healthpromotion to near-zero disease-level as revealed from organ wise diagnostic-chart of GDV (Gas-Discharge-Visualization). It seems evident that COVID is dictating three conditions for "Living with COVID", i.e., to employ (i) both first and second fundamental-principles of cure mentioned above; (ii) medicines that work like the best of Evolved-homeopathy treatment medicines, with a focus on health-promotion, for preventing organ-degeneration; (iii) the global vaccination-drive by making it foolproof utilizing the 100% effective Evolved-homeopathy medicines for preventing COVID from getting any breeding-ground among non-vaccinated people, to avoid developing formidable mutants that may defeat some vaccines/Boosters.

Keywords: COVID-19, Health promotion, Preventive medicine, Nipping in the bud, Stress-related disorders, Evolved-homeopathy

INTRODUCTION

WHO (World Health Organization) made the assessment on 11 March 2020, that COVID can be characterized as a pandemic.¹

Brilliant, a California epidemiologist (who was part of a WHO team in the 1970s that helped eradicate smallpox), stated that the world will be fighting coronavirus for the next 3 to 4 years, and the pandemic's toll will linger for decades.²

This really means that mankind needs to learn to "Live with COVID", and utilize all other possible preventive measures to take care of the teens, allergic and non-vaccinated people, who cannot be immediately vaccinated due to lack of vaccines supply, constraints in logistics, allergic nature or for non-availability of primary vaccines and boosters, etc.

WHO has recently stated the following, in connection with the spread of dengue and chikungunya around the world.³ Approximately 141 countries are affected by

Dengue epidemics in recent years in Southeast Asia, the Americas and the Western Pacific.⁴ More than half of the world's population is at risk of dengue infection. Each year, an estimated 390-million dengue infections occur around the world, resulting in up to 36,000 deaths.

Based on the experience of his few previous generations of Homeopaths like Dr. Paresh Nath Banerji of Mihijam, the most renowned and successful Homeopathic physician of India, Dr. P. Banerji has developed "Advanced Homeopathy", that has identified some common specific remedies usually at specific potencies, that can cure several types of cancer, renal diseases and various other diseases, and are being prescribed for about 1000 persons daily by his team of doctors for several decades, in their Prasanta Banerji Homeopathic Research Foundation (PBHRF) clinic at Calcutta.⁵

The advancement from Classical Homeopathy to 'Advanced Homeopathy' (which can be called 'Specific Homeopathy'), led to possibility for further advancement of Homeopathy. So, the authors started working to develop it further to 'Evolved homeopathy' by incorporating in it, the following fundamental principles of cure; (i) prevention is better than cure; (ii) nipping in the bud; and (iii) identify the exciting primary cause for acute diseases (Note- Samuel Hahnemann, Organon of Medicine, Aphorism 5), for achieving quick cure and future Prevention.

The authors started working on developing the preventive medicines for flu or influenza, since four flu pandemics have occurred during 1900-2000; flu has caused the 1918 flu epidemic (estimated deaths ranged from 50 million to 100 million worldwide), and In the 1990s, the world's poultry population grew 76% in developing countries, and Avian influenza, or avian flu, is a bird flu caused by the influenza A virus, which can infect people. The type with the maximum risk is Highly Pathogenic Avian Influenza (HPAI), whose most well known strain, Influenza A (H5N1), was isolated first from a farmed goose in 1996 in China. Though H5N1 is bird flu, and is adapted to birds, it can also stably adapt to human beings and sustain person-to-person transmission.

Thus, the authors developed more than two decades ago, two anti-viral preventive medicines of Evolved homeopathy (as listed in a later section), which were found to be 100% effective for preventing various types of flu virus (i.e., bird flu, swine flu, and the human coronaviruses of the pre-COVID era), and their mutants.

Consequently, among all the existing therapeutic systems, it was easiest for evolved homeopathy to counter the engineered COVID-19 virus and its mutants, from 2020, as it could expectedly prevent the disease for all those who were already taking the preventive medicines, as well as for those, who were advised to take the preventive medicines for COVID and thus started taking these medicines.

METHODS

GDV whole-body diagnostic system

True "nipping in the bud" of any disease from a patient's body is possible only when the treatment starts based not on a patient's perception of symptom(s) but on a wholebody diagnostic chart generated by a sophisticated device like the GDV camera/ scanner, as will be clear from the following discussions. This low-cost (only a few thousand Euros, which will fall further when used on a mass scale), sophisticated diagnostic device was developed by Prof. Konstantin Korotkov of St. Petersburg Federal Research University of ITMO (Informational Technologies, Mechanics and Optics), utilizing the Gas Discharge Visualization (GDV) technique, based on the Kirlian effect, in 1995. This device registers and analyzes the electro-photonic emissions of human fingers, by applying a weak electrical current to each of the fingertips for less than a millisecond; the electronic "glow" of this discharge, is captured by the camera/ scanner system and then analyzed based on concepts of acupuncture (of Traditional Chinese Medicine), and utilization of advanced mathematical techniques. The resulting chart reports the health conditions of each of about thirty organs/glands/systems (including the endocrine systems) of human body, within a scale range of 0 to 3. Analysis of these data reveals that a patient's perception of symptom(s) usually starts at a disease level from 1 to 1.5, whereas the detection of diseased condition, by the corresponding diagnostic devices of allopathy (conventional medicine) usually starts at a disease level near 2.

Usually, patients of allopathy, conventional/ traditional homeopathy, or any other system of medicine, report to their doctor after perception of an unbearable symptom (many a times after trying common home remedies), and continue with the medication till reported fit by the doctor. Whereas, the 'bud' stage of the second fundamental principle of cure (i.e. "nipping in the bud") of Evolved homeopathy, expires many a times before a patient reports to the doctor. But, in the COVID era, it has become necessary to change this practice, as will be evident from the following discussions.

Figure 1 depicts the diagnostic chart of SG, a typical Allopathy patient, who usually reports to the Allopathy doctor after perception of a symptom, and continues with the medication till reported fit by the doctor.

Whereas, Figure 2 depicts the diagnostic chart of SG, a typical "evolved homeopathy" patient, after he has undergone health-promotion treatment. This chart reveals that the numbers corresponding to almost all the organs are nearly at zero. This clearly reveals the improved degree of health-promotion achieved by evolved homeopathy. When such a close track is kept on the health condition of each of the organs and the endocrine

systems of any person, no organ degeneration can take place, and hence organ transplant becomes unnecessary,

and COVID virus doesn't get a 'soft' target in such human bodies.

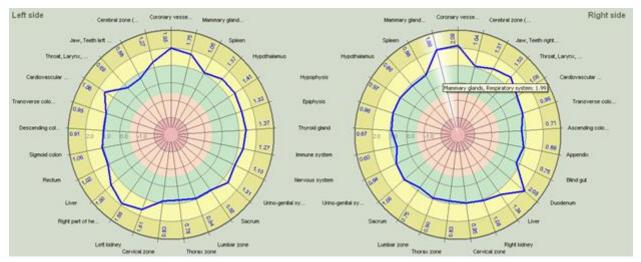


Figure 1: Diagnostic chart of SG, a typical allopathy patient, who reports to the doctor after perception of a symptom.

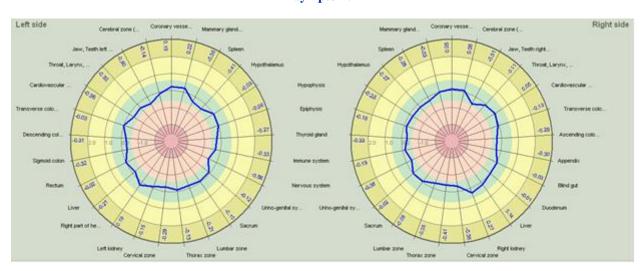


Figure 2: Diagnostic chart of SG, a typical "evolved homeopathy" patient, after he has undergone health-promotion.

Evolved homeopathy and COVID era

Evolved homeopathy (which is an advanced version of "Advanced-Homeopathy") is more useful during the COVID era, as it has been observed during COVID era that many diseases are stress-related disorders, and this is true for more diseases and for larger fraction of patients (including even children). Hence, it has been found that potencies lower than those specified in Advanced-Homeopathy, are usually more useful to avoid medicinal aggravation based on the basic homeopathic principle: "Similia Similibus Curentur".

Another advancement of Evolved homeopathy with respect to Advanced-Homeopathy, is that for better results (that is, in order to bring down the residual disease levels to zero, according to the scale of the GDV system),

Evolved homeopathy uses the most sophisticated wholebody diagnostic system based on GDV, instead of the allopathic diagnostic reports, which is being used by advanced-homeopathy.

During more than two decades of the pre-COVID era, we were utilizing two Anti-viral preventive medicines (at the rate of one dose every 2nd/3rd day) of Evolved homeopathy (as listed in a later section), which have been found to be 100% effective for preventing various types of flu virus (i.e., bird flu, swine flu, and the human coronaviruses of the pre-COVID era), and their mutated versions. As the COVID era began, we changed to daily dosage so that the chance of forgetting a dose, will be less.

Preventive medicine of evolved homeopathy

As mentioned above, based on the methodology of "evolved homeopathy", the following two anti-viral homeopathic medicines have been found to be 100% effective, based on the experience of more than two decades, for preventing various types of flu virus (i.e., bird flu, swine flu, and the human coronaviruses of the pre-COVID era, as well as the COVID virus {during about three years last}), and their mutated versions; COVID virus {during about three years last}), and their mutated versions: Eupatorium Perfoliatum 6 and Influenzinum 30.

Both medicines are to be taken by each person (child or adult), one dose every day at the end of the day (Best time to take the dose is before going to sleep, at the end of daily activities), keeping a gap of twenty minutes before and after any food/ drinks intake.

Both medicines do not have any side effects, and work as complementary medicines and hence can continue along with any dosage of conventional medicines (for any other related or unrelated disease symptoms).

It is noteworthy to mention here that eupatorium perfoliatum is an anti-viral preventive and curative medicine for the mosquito-borne viral diseases: dengue and chikungunya (note- there exists neither vaccine to prevent chikungunya, nor any effective antiviral treatment for chikungunya, as stated by Mayo clinic (USA)).⁶

One important use of starting regular doses of the preventive medicines of evolved homeopathy (either after a evolved homeopathy curing course for COVID, or even just after any other hospital treatment for COVID or any other disease) is that it will eliminate any chance of occasional relapse of COVID subsequently, which otherwise, is commonly termed as "long COVID".

As mentioned below, some Foreign and Indian homeopaths advised (in their papers published in peer-reviewed international journals) against the monthly use of Arsenicum Album over a longer period as Preventive medicine against COVID, as it was leading to some harmful side effects.⁸ Whereas, the two preventive medicines, mentioned above in this section, have been used by hundreds of people continuously for more than three years, without any adverse side effects

Results

Based on the experience of hundreds of people who are utilizing the side-effect free preventive medicines of Evolved homeopathy over many years, it is clear that all types of flu virus including bird flu, swine flu, dengue, the human coronaviruses of the pre-COVID era, and COVID virus, as well as their mutants, can not evade their human immune response that is guarded by regular

doses of the preventive medicines of evolved homeopathy. Few cases of failure were reported at the beginning (before we resorted to daily dosage of the preventive medicines), but they were invariably because of missing the preventive medication for several days. These cases were cured subsequently by the evolved homeopathy treatment medicines (as explained in the next section).

Curative medicines of evolved homeopathy

Evolved homeopathy (many a times following the specific medicines of 'advanced homeopathy') uses specific medicines for curing the disease due to covid and its mutants, mainly Arsenicum Album (as explained in detail below), based on the fact that during COVID epidemic the most common symptoms are matching with those of Arsenicum Album.

That is why the Indian AYUSH Ministry guideline recommended (based on the Analysis of Homeopathic Genus Epidemicus for Common Symptoms of COVID Patients), a dose of Arsenicum Album 30 for COVID "prevention", for three consecutive days, repeated every 21 days until the "end of pandemic" 9(a), (b). 9,10 However, later some Foreign and Indian homeopaths advised (in their papers published in peer-reviewed international journals) against its monthly use over a longer period, as it was leading to some harmful side effects. 8

Evolved homeopathy adopted the following specific medicines from advanced homeopathy (as developed by the most famous Indian homeopath of previous generation, namely, Dr. P. Banerjee of Mihijam and Calcutta) for flu or influenza, which works well also for COVID:⁵

- 1. Arsenicum Album 3x, one dose every 3 hours (at more frequent intervals of 30 minutes, when used as SOS for nausea and vomiting or for acute cold with symptoms like runny nose and sneezing).
- 2. For high temperature (intermittent fever), Belladonna 3x, one dose every one-hour (SOS).
- 3. For continuous fever, Baptisia Tinctoria 3x one dose every three hours.
- 4. Rhus Toxicodendron 12C and Bryonia Alba 12C, one dose every 3 hours, depending on individual symptoms and requirements.

It is noteworthy to mention that Dr. Boericke stated in his Materia Medica that Arsenicum Album is a profoundly acting remedy on every organ and tissue; and that its clear-cut characteristic symptoms and correspondence to many severe types of disease make its homoeopathic employment constant and certain; and that its general symptoms often alone lead to its successful application; and that among these the all-prevailing debility, exhaustion, and restlessness, with nightly aggravation, are the most important; and that among the rest are great

exhaustion after the slightest exertion, the peculiar irritability of fibre (which gives the characteristic irritable weakness, burning pains, unquenchable thirst, and/or burning relieved by heat).

It is noteworthy to mention that for treatment of COVID, Arora et al, reported in their paper titled "homeopathic treatment of COVID-19 caused by novel coronavirus SARS CoV2: a real-world experience", the following group of medicines in the order: Bryonia alba, Arsenicum Alb., ... as obtained from repertorization based on their 18 selected symptoms of COVID.¹¹

One typical case history of curative medicine, while making use of preventive medicine for others living in the same house:

SG, an Electronics expert, had headache, fever and loss of taste; he got tested and found that he is COVID positive. He took acetaminophen (i.e., Paracetamol); the headache and fever was gone, but the loss of taste persisted. So, he contacted the authors for advice in February'20. He had in his residence one child and one pregnant lady, who need also to be protected. He was advised to follow the Curative Medicines of Evolved Homeopathy, and thereafter to switch to the preventive (Eupatorium Perfoliatum 6 + Influenzinum 30, or EPI in short) medicines of Evolved homeopathy; whereas, the rest of his family members were advised to start immediately to take EPI, twice a day.

SG agreed to continue with evolved homeopathy Medicines for Health promotion; so he was given other appropriate medicines, and the final check of his organs are depicted in Figure 2 above.

Subsequently, SG recovered fully, and all of them are continuing to take EPI, once daily. They had no further problems during more than three years last.

One typical case history, using the curative medicines of evolved homeopathy:

DM, a 23-year old young assistant (he had history of liver problems) to a Builder-Promoter, whose daily work involves hopping from one site to another, using public transport (which is a common source of air-borne virus) was getting occasional symptoms of nausea that did not respond to a night-time dose of evolved homeopathy medicines; during night he had chill and fever; he was showing symptoms of jaundice (yellowish color of sclera/ whites of his eyes). COVID virus affected his liver more than any other organ. So, the curative medicines of evolved homeopathy was started along with 3 doses per day of Chelidonium Majus 3x and Carduus Marianus Q (Mother Tincture). After about a week, his liver and stomach functions became normal, after which he has been put on the EPI (as mentioned above), the preventive medicines of Evolved homeopathy. He had no further problems like lingering symptoms (which gets prevented

by regular dosage of EPI), even after joining his earlier job and previous journey style.

One typical case history of using eupatorium perfoliatum as a curative medicine for mosquito-borne Dengue, while making use as preventive medicine for others living in the same house:

SR, one of my patients, aged about 30 years, told recently that he is having dengue. He was asked whether he has stopped EPI; he replied that he has done so for about a week, as he felt that COVID is not much of a threat. He was told to start on eupatorium perfoliatum and Belladonna-3x at the rate of 3 doses per day for himself for curative action, and 1 dose per day of EPI for rest of his family members for preventive action.

DISCUSSION

COVID virus is an engineered virus, more virulent than any natural coronavirus of the earlier years. The teens, allergic and non-vaccinated people may have to learn to live (avoiding the panic) with it for many years (since even the natural vaccine generated in their own body, may protect them for only a few months). Hence, in the COVID era, the safest way is to take regularly the preventive medicines of Evolved homeopathy (that are 100% effective), as listed in the relevant section above.

Repertorization

Individualized homeopathic medicines are at times useful in treatment of COVID-19. However, Arsenicum Album came up as very commonly indicated medicine based on Repertorization.



Figure 3: List of medicines obtained from repertorization for COVID-19 symptoms.

Further, the selection of individual medicine at times was based upon applied Materia Medica with added modalities of symptoms and peculiar associated symptoms.

CONCLUSION

Experience from COVID era is dictating three conditions for "Living with COVID", i.e., to employ both the first ("Prevention is better than cure") and second ("Nipping in the bud") fundamental-principles of cure. Since, Evolved homeopathy had incorporated these principles for more than two decades, it was easiest for Evolved homeopathy among all the existing therapeutic systems, to counter the engineered COVID-19 virus and its Mutants. Thus, it could prevent COVID for all those who were continuing to take from the pre-COVID era, the preventive medicines for preventing bird flu, swine flu, and the human coronaviruses of the pre-COVID era, as well as for those, who were advised to take the preventive medicines for preventing COVID and thus started taking these medicines from beginning of 2020; the best of advanced treatment medicines (like those of Evolved homeopathy), with a focus on health-promotion, for preventing organ-degeneration. Maintaining all the organs and the endocrine systems of any person (as observed using the GDV system) near zero disease level, prevents the COVID virus from getting the 'soft' targets (the so-called 'underlying-health-conditions' that lead to increased risk for severe illness from COVID) in such human bodies; the global vaccination-drive by making it foolproof utilizing the 100% effective. 12 Evolved homeopathy medicines for preventing COVID from getting any breeding-ground among Teens, allergic and non-vaccinated people (those who are not getting adequate supply of primary vaccines/ boosters), to avoid developing formidable mutants (in their bodies) that may defeat some vaccines/boosters.

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