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Seroprevalence and associated risk factors of human immunodeficiency virus, hepatitis B virus and syphilis among pregnant women attending Dessie referral hospital, Northeast Ethiopia

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ABSTRACT

Background: Globally the burden of human immunodeficiency virus (HIV), hepatitis B virus (HBV) and syphilis infections are a common problem of pregnant women where the complications are transmitted to their new born infants. These infections, often silent and without symptoms, can result in serious and fatal health consequences.

Methods: Cross-sectional study was conducted on 384 pregnant women attending Dessie referral hospital from February to April 2019 by using convenience sampling techniques. Data were collected by assigned nurses with face to face interview using a pre-tested questionnaire. Samples were screened by rapid serological tests for HIV and *T. pallidum* antibodies as well as HBsAg. Data was analysed using SPSS. Logistic regression was used to see the association between dependent and independent variables. P values <0.05 was considered as statistically significant.

Results: The overall seroprevalence rates of HIV, HBsAg, syphilis and HIV/HBV coinfections were 6.5%, 4.7% and 0.8%, and 0.5% respectively. The history of sexual transmitted infections (STIs), multiple partners and using sharp materials were significantly associated to HIV with an adjusted odd ratio (AOR) of 8.35, 9.6 and 3.097 respectively. Likewise, the habit of ear/nose piercing and partner's STIs exposure were associated with hepatitis B infection with an AOR 8.24 and 14.11 respectively.

Conclusions: HIV and HBV infections are still critical public health concerns among pregnant women in the study area. History of multiple sexual partners, sharing of sharp materials, history of STIs exposure, habits of ear/nose piercing were significantly associated with infections.

Keywords: HBV, HIV, Pregnant women, Seroprevalence, Syphilis

INTRODUCTION

The term STIs (sexually transmitted diseases) includes a group of infectious diseases that are caused by pathogens and can be acquired and transmitted through unprotected sexual activit.¹ They are among the major causes of illnesses throughout the world, particularly in developing countries. Globally, the burden of the HIV, HBV, and *Treponema pallidum* infections are a common problem of

pregnant women where the complications are transmitted to their new born infants.²

HIV is an enveloped single stranded ribonucleic acid (RNA) virus which is found in the family *Retroviridae* subfamily Lenti virus genus retroviruses. The envelope contains viral glycoproteins. The envelope surrounds a capsid that contains two identical copies of the positive-strand RNA genome inside an electron-dense core. The

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virion also contains reverse transcriptase and integrase enzymes and two cellular transfer RNAs.³

HBV is the main representative of the family *Hepadnaviridae*; genus *Orthohepadnavirus*. It is an enveloped virion containing partial double-stranded circular DNA genome.^{3,4} Most HBV in developing settings is transmitted from mother to child at birth, followed by parenteral transmission. Depending on the epidemiological pattern within a geographic area, the main ways of transmission are sexual intercourse, parenteral transmission of the baby at birth from an infected mother.⁵

Syphilis a chronic, infectious, genital ulcerative disease which is caused by a spirochete bacterium called T. pallidum subspecies pallidum. Treponema pallidum is slender spiral measuring about 5-15 μ m in length 0.25 μ m in diameter. The organisms are actively motile, rotating steadily along its longitudinal axis even after attaching to cells by their tapered ends. The spirals are so thin that they are not readily seen unless immunofluorescent stain or dark-field illumination is used. They are gram negative even if they do not stain well with routine staining dyes. $^{6.7}$

A pregnant woman with syphilis can transmit *T. pallidum* to the fetus through the placenta beginning in the 10th-15th weeks of gestation which results fetus's death, miscarriages or stillbirth. Others are born live but develop the signs of congenital syphilis in childhood, including interstitial keratitis, Hutchinson's teeth, saddle nose, periostitis, and a variety of central nervous system anomalies. Adequate treatment of the mother during pregnancy prevents congenital syphilis.⁶

HIV, HBV and *T. pallidum* remain the main public health problems in sub-Saharan countries where access to adequate diagnostic and treatment facilities are very limited. Individuals with untreated STIs that cause genital ulceration (like syphilis) have an increased risk of acquiring or sexual transmission of HIV through the broken skin or membrane. Since a high proportion of these infections are asymptomatic, control and prevention depend on screening and treatment of populations at risk, as well as the provision of effective treatment for those with symptoms.¹ These infections, often silent and without symptoms, can result in serious and fatal health consequences.⁸

Diagnosing and treating these devastating etiologic agents at an early stage may result in preventing the spread of such infections and complications for pregnant women as well as for their new born infants.⁹

Ethiopia is among the countries where HIV, HBV, and *T. pallidum* infections are highly prevalent. ¹⁰ However, in Ethiopia, antenatal screening and intervention strategies against HBV are not yet practiced routinely and in all

health service centers. The risk of transmission is related to the maternal treponemaload.⁶ In addition, there is also inconsistency of data available about the prevalence of these infections especially in the study area. Therefore, the aim of this study was to assess the seroprevalence and associated risk factors of HIV, HBV and syphilis among pregnant women attending Dessie referral hospital, Northeast Ethiopia.

METHODS

A cross-sectional study was conducted from February to April 2019. The study population was pregnant women attending antenatal care clinic (ANC) clinic of Dessie referral hospital.

Inclusion criteria included all pregnant women able to give a complete data and sufficient amount of bloods were included. Exclusion criteria excluded pregnant women who were unable to provide a complete data and give sufficient amount of blood, may be due to severe health problems were excluded.

During their visit in ANC as part of routine medical purposes, ten millilitres of blood was drawn from each study participant into a labelled plain vacutainer tube (Becton-Dickinson, USA). Then, the blood was allowed to clot& sample was centrifuged at 4000 rpm for 10 min to separate serum. The serum was screened for the HBsAg, as well as HIV and *T. pallidum* antibodies using rapid tests.

For the quality control the questionnaire preparation was checked and pre-tested before the detailed work was started. Standard operating procedures (SOPs) were strictly followed and internal quality control materials were included from the test kit. To assure the controlled performance of the testing procedure and storage condition of reagents primarily we have also found out in house known control for both negative and positive control samples in addition to controls provided from manufacturers.

The data collection and analysis were entered into Epi info 7.2.1.0 software and double checked before analysis and were exported to statistical package social sciences (SPSS) version 20 for analysis. The descriptive statistics (means, percentages or frequency) were calculated and the bi-variant logistic regression analysis used to see the relationship between dependent and independent variables. Variables that have a p<0.2 were selected for further analysis using multiple logistic regression models. The strength of the association measured using an odd ratio and interpreted by considering the 95% confidence interval and p<0.05 statistically significant. Finally, the results were presented using texts, graph, and tables accordingly.

RESULTS

Socio-demographic characteristics of study participants

A total of 384 pregnant women were included in the study. Their mean age and standard deviation of the study participant was 27.05±6.12 ranged from 18 to 45 years. Two hundred twenty (57.3%) of them were between 20 and 29 years old. Most of the study participants were married, 290 (75.5%), 109 (28.4%) did not attend formal education, 183 (47.7%) were not employed and 278 (72.4%) were lived in urban areas (Table 1).

Prevalence of HIV, HBV and syphilis among pregnant women

The overall seroprevalence of HIV, HBV and syphilis infections were 25/384 (6.5%, (95% CI, 4.2-8.9%)), 18/384 (4.7%, (95% CI, 2.6-6.9%)) and 3/384 (0.8%, (95% CI, 0-1.9%)), respectively. Among these, 2/384 (0.5%) had HIV/HBV co-infection, but there was no HIV/syphilis and HBV/syphilis co-infection (Figure 1).

Among the different age groups, the highest prevalence of HIV and HBV infections were observed in the age group of 20-29 years, but both HIV and HBV infection have no statistical significance with the age of participants (Table 2).

Risk factors for the acquisition of HIV, HBV, and syphilis

The multivariable analysis results showed that a history of multiple sexual partners (AOR 9.62; 95% CI 4.05-22.85, p=0.001), sharing of sharp materials (AOR 3.097; 95% CI 1.3-7.53, p=0.013) and history of STIs exposure (AOR 8.35; 95% CI 2.8-24.66, p=0.001) have a statistically significant association with HIV infection. History of ear/nose piercing (AOR 8.24; 95% CI 1.97-34.46, p=0.004) and STIs exposure of sexual partner (AOR 14.11; 95% CI 2.8-71.6, p=0.001) were significantly associated with HBV infection (Table 3).

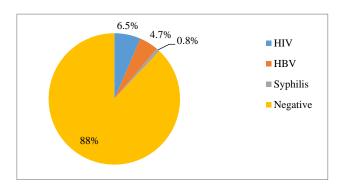


Figure 1: Prevalence of HIV, HBV and syphilis among pregnant women (n=384).

Table 1: Socio-demographic characteristics of pregnant women (n=384).

Characteristics	Frequency	Percentage (%)				
Age (years)						
18-19	40	10.4				
20-29	220	57.3				
30-39	104	27.1				
40-45	20	5.2				
Marital status						
Married	290	75.5				
Single	33	8.5				
Separated*	61	16				
Educational level						
No formal education	109	28.4				
Primary school	94	24.5				
Secondary school	97	25.2				
Above secondary school	84	21.9				
Occupational status						
Employed**	89	33.3				
Farmer	40	17.2				
Daily laborer	72	18.8				
unemployed	183	30.7				
Residence						
Urban	278	72.4				
Rural	106	27.6				

Employed**= government or private, Separated*=divorced or widowed

Table 2: Seroprevalence of HIV, HBV and syphilis infections in relation to socio-demographic characteristics among pregnant women.

Variables		HIV Positive					HBV Positive					
Age group (year)	Total	Pos (%)	COR (95% CI)	P	AOR (95%CI)	p	Pos (%)	COR (95% CI)	P	AOR (95% CI)	P	Pos
<20	40	2 (5)	1				2 (5)	1				0
20-29	220	15(7)	1.124 (0.31-4.08)	0.858			12 (6)	0.41 (0.05-3.211)	0.395			2
30-39	104	6 (6)	1.32 (0.315-5.57)	0.702			3 (3)	0.508 (0.06-4.55)	0.542			1
40-49	20	2 (1)	1.3 (0.12-13.44)	0.827			1 (1)	0.49 (0.03-8.22)	0.618			0
Marital status												
Married	290	18 (6)	1				15 (5)	1				2
Unmarried/ single	33	4 (12)	1.03 (0.23-4.63)	0.974			2 (6)	1.87 (0.24-14.5)	0.551			0
Separated *	61	3 (5)	0.74 (0.26-2.08)	0.569			1 (3)	1.13 (0.32-4.00)	0.851			1
Education level												
No formal	109	4 (4)	0.52 (0.18-1.48)	0.22			6 (6)	1.09(0.31-3.84)	0.893			1
Primary	94	4 (4)	1.014 (0.3-4.07)	0.985			2(2)	1.55 (0.31-7.70)	0.593			0
Secondary	97	11 (11)	0.92 (0.3-2.70)	0.877			5 (5)	0.918 (0.3-4.27)	0.876			1
Above secondary	84	6 (7)	1				5 (6)	1				1
Occupational state	us											
Employed**	89	5 (4)	1		1		4 (3)	1		1		1
Daily laborer	72	4 (6)	0.384(0.09-1.6)	0.187	0.585 (0.13-2.5)	0.481	6 (8)	0.355 (0.1-1.3)	0.118	0.209 (0.041-1.09)	0.06	1
Farmer	40	5 (8)	1.36 (0.14-13.5)	0.793	1.046 (0.21-5.2)	0.956	1(2)	2.1 (0.23.19)	0.512	3.43 (0.3-39.261)	0.322	0
Not employ***	183	11 (9)	0.39 (0.11-1.39)	0.146	0.245 (0.07-1.4)	0.121	7 (6)	0.89 (0.157-5.1)	0.295	0.228 (0.05-1.04)	0.06	1
Residence												
Urban	278	17 (6)	1.2 (0.5-2.997)	0.612			15 (3)	0.504 (0.1-1.78)	0.286			1
Rural	106	8 (8)	1				3 (3)	1				2
Total	384	25	11 D-4: - E11				18	k				3

CI=Confidence Interval, COR= Crude Odd Ratio, Employed**= government or private sector, not employed***= students, housewife and others, Pos=number of positive values, P-=p-value, Separated*= divorced or widowed

Table 3: Association of possible risk factors related to HIV, HBV and syphilis in pregnant women.

		HIV in	fection				HBV inf	Syphilis					
Factors		Total	Pos (%)	COR (95% CI)	P	AOR (95% CI)	P	Pos (%)	COR (95% CI)	P	AOR (95% CI)	P	Pos
Multiple sexual partners	Yes No	115 269	14 (12) 11 (4)	3.251 (1-7.4) 1	0.005	9.6 (4.05-22.8)	0.001	4 (4) 14 (5)	0.7 (0.2-2.1) 1	0.48	-		3 0
Use of sharp material	Yes No	80 304	11(14) 14 (5)	3.302 (1.44-7.6) 1	0.005	3.1 (1.27-7.5) 1	0.003	3 (4) 15 (5)	0.8 (0.2-2.7) 1	0.657	-		0 3
Ear/nose piercing	Yes No	116 268	4 (3) 21(6)	0.42 (0.1-1.3) 1	0.120	0.38 (0.11-1.3) 1	0.127	11(10) 7 (3)	3.9 (1.4-10.35) 1	0.006	8.2 (1.9-34.5) 1	0.004	3 0
Tattooing	Yes No	63 321	4 (7) 21 (7)	1.031 (0.3-2.9) 1	0.955			2 (3) 16 (5)	0.7 (0.2-0.97) 1	0.591			0 3
Blood transfusion	Yes No	19 365	4 (21) 21(6)	4.37 (1.3-14.3) 1	0.015	1.596 (0.39-6.6) 1	0.517	2 (11) 16 (4)	2.57 (0.5-12.1) 1	0.233			2 1
Hospital admission	Yes No	44 340	3 (7) 22 (6)	1.058 (0.3-3.7) 1	0.93			2 (5) 16 (5)	0.96 (0.2-4.3) 1	0.962			0 3
Tooth extraction	Yes No	58 326	3 (5) 22 (7)	0.754 (0.2-2.66) 1	0.68			5 (9) 13 (4)	2.27 (0.78-6.6) 1	0.134	2.11 (0.58-7.7) 1	0.256	0 3
Surgery	Yes No	62 322	5 (8) 20 (6)	1.33 (0.5-3.7) 1	0.589			2 (3) 16 (3)	0.64 (0.1-2.85) 1	0.555			2 1
Catheteriza tion	Yes No	18 366	1 (6) 24 (7)	0.838 (0,11-6,6) 1	0.867			1 (6) 17 (5)	1.21 (0.2-9.6) 1	0.859			0 3
History of STIs	Yes No	82 302	16 (19.5) 9 (3)	7.892 (3.3-18.6) 1	0.001	8.35 (2824.66) 1	0.001	8 (9.75) 10 (3.3)	3.16 (1.2-8.278) 1	0.019	1.197 (0.36-3.98) 1	0.769	3 0
Pregnancy related problems*	Yes No	165 219	11(7) 14 (6)	1.046 (0.41-2.1) 1	0.836			10 (6) 8 (4)	1.26 (0.5-3.3) 1	0.63			2 1
Pregnancy status	1 st ,2 nd /more	126 258	9 (7) 16 (6)	1 0.859 (0.5-2.7)	0.73			6 (5) 12 (5)	1 1.025 (0.38-2.8)	0.962			0 3
STIs of partner	Yes No	65 319	9 (14) 16 (5)	3.044 (1.3-7.2) 1	0.012	0.549 (0.18-1.61) 1	0.277	12(18) 6 (2)	11.811 (4-32.8) 1	0.001	14.(2.78- 71.6) 1	0.001	2 1

Pregnant related problems* include abortion, CS/vacuum extraction, still birth, edema, AOR=Adjusted odd Ratio, CI=Confidence Interval, COR=Crude Odd Ratio, Pos=number of positive values

DISCUSSION

In the present study seroprevalence of HIV among pregnant women was 6.5%, which is in line with studies done in Berhan (7.2%), Dar (6.6%), Ababa (5.2%), Cameroon (6%), Tanzania (6.9%), Nigeria (7.5) and India (5.5%).^{7,8,11-15} This finding was higher than the previous study in Southern Ethiopia (1.8%), the national HIV prevalence on adult women (4%), Republic of Congo (3.6%), Nigeria (4.1%), and Tanzania (2%). However, it is lower than results done in Gondar (10.3%), Dessie (13.8) as well as South Africa (14%).^{9,10,16,17-20}

The variations might be reflection of the differences in sexual practices and behavior, difference in sample size, awareness of HIV infection and testing, socio-cultural practices and accessibility to healthcare.

The present study demonstrated that study participants with a history of STIs exposure were nine times (AOR 9.3; 95% CI 3.9-22.4) more infected with HIV than those without previous STIs. This finding was supported by a research done in Ababa in which the history of STIs was associated with HIV infection.⁸ This might be due to the creation of ulcers on the skin and mucous membrane which in turn facilitate the acquisition of HIV. Pregnant women with a history of multiple sexual partners had also eight times chance (AOR 8.35; 95% CI 2.8-24.66) to acquire HIV infection compared to their counterpart. Studies conducted in Ababa, India and Nigeria revealed that the habit of multiple sexual practices was associated with HIV infection.^{8,9,15}

Pregnant women shared sharp material were 3 times (AOR 3.1; 95% CI 1.27-7.5) more exposed to HIV as compared to those without sharing of sharp materials. The studies carried out in Dar and Ababa also indicated that previous history of piercing with sharp materials have a statistical association with HIV infection.^{8,11} This may be because of traditional body tattooing, a tooth removal or other home activities which were practiced by using the same sharp materials that make them vulnerable for HIV infections.

In this study, the overall seroprevalence of HBV infection was (4.7% 95% CI, 2.6-6.9%). The prevalence of HBV found in the current study can be graded as intermediate prevalence according to WHO criteria. The prevalence of HBV infection can be divided into three main categories namely: high when the prevalence is >8%, intermediate when the prevalence is between 2-8% and low when <2%.

This result is consistent with a study done in Dessie (4.9%), South Ethiopia (6.1%), Addis Ababa (5%), Indonesia (2.8%) and India (6.3%). 8,10,15,20,23 Conversely, this finding was lower than the results of a study conducted in Dawa (8.4%) and Nigeria (10.3%). 14,24 However, it is higher than the reported prevalence by

other studies in India (2.4%), Afghanistan (1.5%), Peru (2.11%), Brazil (0.4%) and Guatemala (0.16).²⁵⁻²⁹ The discrepancies observed in the magnitude of HBV prevalence across a different geographical location might be attributed by differences in socio-demographic characteristics of the study population such as sociocultural environment, traditional operation, tribal activities, sexual practices, and medical exposure as well as the difference in hepatitis epidemiology.

In the present study, pregnant women who had the history of ear/nose piercing were 8 times (AOR 8.2: 95% CI 1.97-34.5) more infected than the reverse phenomenon. Similarly, studies conducted in Ababa, Dessie and Dawa revealed that ear/nose piercing was significantly associated with HBV infection.^{8,20,24} Study participants with STIs exposed partner were found to be 14 times (AOR 14; 95% CI 2.78-71.6) more infected than their counterparts. a study conducted in Nigeria sought that infected partner and unfaithful sexual relationship were associated risk factors for the HBV infection. 9 Home care giving mechanisms of infected individuals might play an important role in the transmission of the virus. In addition, because of this ear and/or nose piercing activities were performed at home in traditional ways where there was a chance of using common sharp materials.

This study found low prevalence of syphilis infection, 0.8% (95% CI, 0-1.9%), which was in-line with similar study conducted in Berhan (1.8%), Ababa (0), Cameroon (1.7%), Nigeria (1.1%), India (1.7%), Peru (1.6%) and Guatemala (0.66%).^{7,8,12,14,15,27,29} However; the finding was lower than compared to studies conducted in Gondar (3.7%), Republic of Congo (3.9%), Niger Delta (5%), Tanzania (5%), South Africa (5%) and Brazil (2.8%).^{9,17-19,21,28} The variation might be the result of differences in culture, socioeconomic status, risk factors, level of awareness, and methods used for diagnosis.

CONCLUSION

History of multiple sexual partners, sharing of sharp materials and habits of ear/nose piercing were significantly associated with HIV infection. To halt the spread of these infections, awareness should be created among parents to avoid identified risk factors like sharing of needles for invasive procedures (e.g. ear/nose piercing).

Limitation of the study

One of the limitations of the present study is the use of serological rapid tests only for the diagnosis, which may lead to false positivity and negativity and, as a result, underestimate or overestimate the results of the study. In addition, other seromarker like hepatitis B antigen were not detected.

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